



Southern Connecticut Conference

State Champions (1994-present)

Sport	Division	School	SCC Runner-Up
1994-95 (15)			
Fall			
Football	L	Cheshire	
Girls Volleyball	L	Amity	
Girls Swimming	L	Cheshire	
Boys Cross Country	LL	Xavier	
Girls Cross Country	L	Cheshire	
Winter			
Boys Swimming	L	Cheshire	
Wrestling	M	Daniel Hand	
Boys Indoor Track	L	Xavier	
Boys Indoor Track	M	Lyman Hall	Hillhouse
Boys Indoor Track	Open	Wilbur Cross	
Ice Hockey	I	Fairfield Prep	
Spring			
Golf	I	Fairfield Prep	
Boys Outdoor Track	L	Lyman Hall	
Boys Outdoor Track	MM	Hillhouse	
Boys Tennis	L	Cheshire/Simsbury (co-champions)	
1995-96 (21)			
Fall			
Boys Soccer	LL	Xavier	
Boys Soccer	L	Daniel Hand	
Field Hockey	L	Amity	Branford
Football	L	Cheshire	
Football	LL	Shelton	
Girls Volleyball	L	Amity	
Girls Swimming	L	Cheshire	
Winter			
Boys Indoor Track	LL	Xavier	

Boys Indoor Track	Open	Xavier	Hillhouse
Girls Basketball	L	Mercy	
Ice Hockey	I	Fairfield Prep	
Boys Swimming	L	Cheshire	

Spring

Baseball	L	Notre Dame	
Baseball	S	Derby	
Golf	I	Amity	
Boys Outdoor Track	Open	Xavier	
Boys Outdoor Track	LL	Xavier	
Boys Outdoor Track	L	Hillhouse	Lyman Hall
Girls Outdoor Track	L	Hillhouse	
Boys Tennis	L	Cheshire	
Boys Tennis	LL	Fairfield Prep	

1996-97 (25)

Fall

Boys Cross Country	LL	Xavier	
Boys Cross Country	L	Amity	
Boys Cross Country	Open	Xavier	
Girls Cross Country	L	Cheshire	
Football	LL	Cheshire	Hamden
Boys Soccer	LL	Guilford	
Field Hockey	L	Cheshire/Simsbury (co-champions)	
Girls Swimming	L	Cheshire	
Girls Swimming	Open	Cheshire	

Winter

Ice Hockey	I	Notre Dame	
Boys Swimming	L	Cheshire	
Gymnastics	S	Daniel Hand	
Girls Indoor Track	M	Hillhouse	
Boys Indoor Track	Open	Hillhouse	
Boys Indoor Track	M	Hillhouse	
Boys Indoor Track	L	Xavier	
Boys Basketball	LL	Fairfield Prep	

Spring

Boys Volleyball	L	Amity	
Boys Tennis	L	Cheshire	
Boys Outdoor Track	LL	Xavier	
Boys Outdoor Track	L	Notre Dame	
Boys Outdoor Track	MM	Hillhouse	
Boys Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	North Haven	

Girls Outdoor Track L Hillhouse

1997-98 (23)

Fall

Field Hockey L Guilford/Simsbury (co-champions)
Football LL Cheshire
Football L Daniel Hand
Boys Soccer L Daniel Hand/Woodstock Acad(co-champions)
Girls Swimming L Cheshire Amity
Girls Swimming Open Cheshire
Girls Volleyball L Cheshire
Boys Cross Country LL Fairfield Prep
Boys Cross Country Open Fairfield Prep

Winter

Girls Basketball L Hillhouse
Ice Hockey II East Haven
Boys Indoor Track L Xavier/Danbury (co-champions)
Boys Indoor Track M Hillhouse
Girls Indoor Track L Amity
Boys Swimming Open Fairfield Prep
Boys Swimming L Cheshire
Gymnastics S Daniel Hand

Spring

Baseball L Branford
Boys Tennis LL Cheshire Fairfield Prep
Boys Outdoor Track LL Xavier
Boys Outdoor Track L Hillhouse/Rockville (co-champions)
Girls Outdoor Track L Hillhouse
Softball LL Lyman Hall

1998-1999 (18)

Fall

Girls Volleyball L Cheshire
Boys Cross Country LL Fairfield Prep
Girls Swimming Open Cheshire
Girls Swimming L Cheshire Amity
Girls Swimming M Branford

Winter

Girls Basketball L Daniel Hand
Boys Swimming L Amity Notre Dame-WH
Girls Indoor Track Open Hillhouse
Girls Indoor Track L Cheshire Amity
Boys Indoor Track Open Xavier Fairfield Prep

Boys Indoor Track	L	Xavier	Fairfield Prep
Gymnastics	M	Daniel Hand	

Spring

Boys Outdoor Track	LL	Hamden	Xavier
Boys Outdoor Track	Open	Xavier	Hamden
Girls Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	Hillhouse	
Boys Volleyball	I	Amity	
Golf	I	Cheshire	

1999-2000 (18)

Fall

Girls Swimming	Open	Cheshire	
Girls Swimming	L	Cheshire	Amity
Boys Cross Country	Open	Xavier	
Boys Cross Country	LL	Xavier	

Winter

Girls Basketball	L	Hillhouse	
Ice Hockey	I	Fairfield Prep	
Wrestling	S	Derby	
Boys Indoor Track	S	Sheehan	
Girls Indoor Track	L	Cheshire	Amity
Girls Indoor Track	M	Hillhouse	
Girls Indoor Track	Open	Hillhouse	
Gymnastics	M	Daniel Hand	
Boys Swimming	L	Cheshire	Notre Dame-WH

Spring

Baseball	LL	Notre Dame-WH	Cheshire
Boys Outdoor Track	LL	Amity	
Girls Outdoor Track	Open	Hillhouse	
Girls Outdoor Track	MM	Hillhouse	
Boys Volleyball	I	Amity	

2000-01 (18)

Fall

Girls Swimming	M	Branford	
Girls Swimming	L	Cheshire	
Boys Soccer	LL	Guilford	
Field Hockey	L	Cheshire	
Girls Volleyball	M	Sheehan	
Football	LL	Shelton	

Winter

Wrestling	S	Derby	
Girls Indoor Track	M	Hillhouse	
Ice Hockey	I	Fairfield Prep	Notre Dame
Girls Basketball	L	Guilford	
Boys Swimming	M	Branford	
Cheerleading	L	Shelton	

Spring

Boys Outdoor Track	MM	Wilbur Cross	
Boys Outdoor Track	Open	Wilbur Cross	
Girls Outdoor Track	Open	Hillhouse	
Baseball	M	Sheehan	
Softball	M	Daniel Hand	Lyman Hall
Softball	L	Amity	

2001-02 (22)

Fall

Football	L	Notre Dame-WH	
Field Hockey	L	Cheshire	Guilford
Field Hockey	M	Branford	
Girls Swimming	L	Cheshire	Amity
Girls Swimming	M	Branford	

Winter

Ice Hockey	I	Notre Dame-WH	
Girls Basketball	L	Guilford	
Boys Indoor Track	S	Sheehan	
Girls Indoor Track	M	Hillhouse	
Wrestling	S	Derby	
Boys Swimming	Open	Notre Dame-WH	
Boys Swimming	L	Cheshire	Notre Dame-WH
Skiing	L	Fairfield Prep	

Spring

Boys Tennis	LL	Fairfield Prep	
Boys Tennis	L	Cheshire	
Boys Lacrosse	I	Cheshire	
Boys Outdoor Track	MM	Wilbur Cross	
Boys Outdoor Track	Open	Wilbur Cross	
Girls Outdoor Track	L	Wilbur Cross	
Girls Outdoor Track	Open	Wilbur Cross	
Baseball	L	Lyman Hall	East Haven
Softball	LL	Amity	

2002-03 (21)

Fall

Girls Swimming	M	Branford
Girls Swimming	L	Cheshire
Field Hockey	M	Branford
Girls Cross Country	Open	Guilford
Football	LL	West Haven
Football	SS	Hillhouse

Winter

Girls Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse
Gymnastics	S	Daniel Hand
Girls Basketball	L	Guilford
Girls Basketball	M	Career
Boys Swimming	L	Notre Dame

Spring

Girls Outdoor Track	L	Wilbur Cross
Girls Outdoor Track	Open	Wilbur Cross
Boys Outdoor Track	L	Wilbur Cross
Boys Lacrosse	II	Branford
Baseball	L	North Haven
Softball	LL	Amity
Softball	L	Lyman Hall
Boys Tennis	LL	Fairfield Prep
Golf	LL	Hamden

2003-04 (21)

Fall

Boys Cross Country	L	Guilford
Girls Swimming	M	Branford
Girls Swimming	L	Cheshire
Girls Swimming	Open	Cheshire
Girls Soccer	LL	Cheshire
Girls Soccer	L	Guilford/Farmington (co-champions)
Girls Volleyball	L	Amity
Football	L	Shelton
Football	M	Daniel Hand

Winter

Girls Indoor Track	M	Hillhouse	
Girls Indoor Track	L	Wilbur Cross	
Girls Indoor Track	S	Career	
Girls Indoor Track	Open	Wilbur Cross	
Ice Hockey	I	Fairfield Prep	Notre Dame-WH
Ice Hockey	II	North Haven	Daniel Hand
Girls Basketball	L	Hillhouse	

Boys Swimming L **Notre Dame-WH Cheshire**

Spring

Boys Outdoor Track MM Lyman Hall
Girls Outdoor Track Open Wilbur Cross
Boys Volleyball L Shelton
Baseball M Sheehan

2004-05 (21)

Fall

Boys Cross Country L Guilford
Girls Cross Country MM Guilford
Boys Cross Country Open Guilford
Girls Volleyball L East Haven
Field Hockey M Branford
Girls Swimming LL Cheshire
Girls Swimming M Branford
Girls Swimming Open Cheshire
Football M Daniel Hand

Winter

Girls Indoor Track LL Amity
Girls Indoor Track L Hillhouse
Girls Indoor Track S Career
Boys Indoor Track LL Amity
Ice Hockey I Fairfield Prep
Boys Swimming L Cheshire
Girls Basketball L Hillhouse

**Notre Dame-WH
Xavier**

Spring

Boys Outdoor Track MM Branford
Girls Outdoor Track MM North Haven
Girls Outdoor Track M Career
Boys Volleyball L Shelton
Softball LL Amity

2005-06 (20)

Fall

Boys Cross Country LL Amity
Boys Cross Country MM Guilford
Field Hockey M Branford
Football LL Xavier
Football MM Branford
Football M Daniel Hand Hillhouse
Girls Cross Country MM Guilford
Girls Soccer LL Cheshire/Simsbury (*co-champions*)

Winter

Boys Indoor Track	LL	Amity
Boys Indoor Track	Open	Amity
Girls Indoor Track	L	Hillhouse
Gymnastics	M	Daniel Hand
Ice Hockey	II	Daniel Hand
Ice Hockey	III	Cheshire
Boys Basketball	I	Hillhouse
Boys Swimming	L	Cheshire

Spring

Baseball	LL	Amity
Baseball	L	Branford
Softball	LL	Mercy Amity
Boys Lacrosse	L	Fairfield Prep

2006-07 (13)**Fall**

Girls Cross Country	MM	Guilford
Girls Soccer	LL	Amity/Trumbull (<i>co-champions</i>)
Girls Swimming	L	Branford
Football	M	Hillhouse

Winter

Boys Basketball	LL	Hillhouse
Boys Swimming	L	Fairfield Prep Xavier
Gymnastics	M	Daniel Hand
Ice Hockey	I	Fairfield Prep
Cheerleading	LL	Shelton/Danbury (<i>co-champions</i>)
Cheerleading	L	Foran

Spring

Baseball	LL	Amity
Baseball	L	Guilford
Boys Lacrosse	L	Fairfield Prep

2007-08 (11)**Fall**

Boys Cross Country	MM	Daniel Hand
Girls Cross Country	MM	Guilford
Girls Volleyball	LL	Cheshire

Winter

Boys Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse

Ice Hockey	I	Fairfield Prep
Ice Hockey	II	Amity
Girls Basketball	LL	Career

Spring

Baseball	L	Jonathan Law
Softball	L	North Haven
Boys Lacrosse	L	Fairfield Prep

2008-09 (12)

Fall

Boys Cross Country	MM	Daniel Hand
Girls Cross Country	MM	Guilford
Boys Cross Country	L	Amity

Winter

Girls Indoor Track	M	Hillhouse
Boys Indoor Track	L	Amity
Girls Basketball	L	Hillhouse
Boys Ice Hockey	I	Hamden
Boys Ice Hockey	II	Cheshire

Spring

Boys Outdoor Track	L	Amity
Baseball	L	Branford
Baseball	LL	West Haven
Boys Lacrosse	L	Fairfield Prep

2009-10 (23)

Fall

Girls Cross Country	MM	Guilford
Girls Cross Country	Open	Guilford
Boys Cross Country	LL	Xavier
Boys Cross Country	Open	Xavier
Girls Swimming	LL	Cheshire
Football	LL	Cheshire
Football	L	Notre Dame

Winter

Girls Basketball	L	Hillhouse	
Boys Basketball	M	Sheehan	
Ice Hockey	I	Hamden	Fairfield Prep
Ice Hockey	II	Amity	
Ice Hockey	III	Guilford	
Boys Indoor Track	LL	Hamden	Amity
Boys Indoor Track	L	Notre Dame	Hand

Boys Indoor Track	M	Hillhouse	
Spring			
Baseball	L	Sheehan	Notre Dame
Boys Lacrosse	L	Cheshire	Fairfield Prep
Boys Outdoor Track	Open	Notre Dame	Amity
Boys Outdoor Track	L	Daniel Hand	Notre Dame
Boys Outdoor Track	LL	Amity	
Boys Tennis	M	Guilford	Branford
Girls Outdoor Track	MM	Daniel Hand	
Girls Outdoor Track	M	Career	

2010-11 (22)

Fall

Girls Cross Country	MM	Guilford	
Boys Cross Country	LL	Amity	Xavier
Boys Cross Country	MM	Guilford	
Girls Soccer	LL	Shelton	
Football	LL	Xavier	
Football	M	Hillhouse	

Winter

Girls Basketball	LL	Career	Mercy
Girls Basketball	L	Hillhouse	
Ice Hockey	I	Fairfield Prep	
Ice Hockey	II	Cheshire	Guilford
Girls Indoor Track	M	Hillhouse	
Wrestling	LL	Xavier	
Cheerleading	Coed	Branford	Shelton
Cheerleading	L	North Haven	

Spring

Softball	L	Foran	
Softball	M	Sacred Heart Academy	
Baseball	L	Notre Dame	
Boys Outdoor Track	MM	Hillhouse	
Girls Outdoor Track	M	Hillhouse	
Girls Outdoor Track	Open	Hillhouse	
Boys Volleyball	L	Cheshire	
Girls Tennis	M	Daniel Hand	

2011-12 (25)

Fall

Girls Cross Country	MM	Guilford	
Boys Cross Country	LL	Fairfield Prep	
Boys Cross Country	Open	Fairfield Prep	Xavier

Field Hockey	L	Cheshire
Football	LL	Xavier
Football	L	Daniel Hand

Winter

Boys Ice Hockey	I	Notre Dame
Boys Basketball	L	Career
Girls Ice Hockey		West Hartford
Boys Indoor Track	M	Hillhouse
Girls Indoor Track	M	Hillhouse
Girls Indoor Track	Open	Hillhouse
Wrestling	LL	Xavier
Wrestling	L	Daniel Hand

Wrestling

	Open	Xavier	Daniel Hand
Cheerleading	Co-ed	Shelton	
Boys Swimming	LL	Fairfield Prep	
Boys Swimming	Open	Fairfield Prep	

Spring

Girls Outdoor Track	MM	Hillhouse
Girls Tennis	M	Daniel Hand
Golf	II	Daniel Hand
Boys Lacrosse	L	Fairfield Prep
Softball	LL	Amity
Boys Volleyball	L	Cheshire
Baseball	LL	Shelton

2012-13 (16)

Fall

Boys Cross Country	MM	Guilford
Girls Swimming	M	Branford
Football	LL	Xavier
Football	L	Daniel Hand
Football	M	Hillhouse

Winter

Girls Indoor Track	M	Hillhouse	
Gymnastics	M	Daniel Hand	
Cheerleading	Co-ed	Shelton	
Boys Basketball	LL	Hillhouse	Fairfield Prep
Girls Basketball	LL	Mercy	
Boys Ice Hockey	I	Fairfield Prep	Notre Dame

Spring

Girls Outdoor Track & Field	MM	Hillhouse
Boys Tennis	L	Daniel Hand

Golf	II	Daniel Hand	
Boys Lacrosse	L	Fairfield Prep	
Baseball	LL	Amity	

2013-14 (14)

Fall

Girls Volleyball	LL	Cheshire	
Girls Soccer	L	Guilford	Branford
Girls Cross Country	MM	Branford	

Winter

Boys Ice Hockey	I	Fairfield Prep	
Boys Ice Hockey	II	Daniel Hand	Amity
Girls Ice Hockey	--	Simsbury	Guilford
Gymnastics	M	Daniel Hand	
Girls Indoor Track	Open	Wilbur Cross	

Spring

Boys Outdoor Track & Field	M	Sheehan	
Baseball	LL	Amity	
Baseball	L	Notre Dame	
Golf	II	Notre Dame	
Boys Tennis	L	Daniel Hand	
Boys Tennis	M	Guilford	

2014-15 (22)

Fall

Boys Soccer	L	Branford/Avon (<i>co-champions</i>)	
Boys Cross Country	LL	Amity Regional	
Girls Swimming	M	Lauralton Hall	
Field Hockey	M	Daniel Hand	
Football	LL Small	Xavier	Shelton

Winter

Boys Basketball	LL	Fairfield Prep	
Gymnastics	M	Daniel Hand	
Boys Indoor Track	M	Hillhouse	
Boys Indoor Track	Open	Hillhouse	
Girls Indoor Track	L	Wilbur Cross	
Cheerleading	LL	Shelton	
Cheerleading	Co-ed	Lyman Hall	
Girls Ice Hockey	--	Simsbury/East Catholic (<i>co-champions</i>)	

SPRING

Baseball	LL	Amity Regional	
Baseball	L	North Haven	

Baseball	M	Sheehan	
Softball	L	East Haven	
Boys Outdoor Track & Field	MM	Hillhouse	
Girls Outdoor Track & Field	L	Mercy	Wilbur Cross
Girls Tennis	M	Lauralton Hall	Guilford
Boys Tennis	LL	Amity Regional	

2015-16 (12)

Fall

Boys Cross Country	LL	Amity Regional	
Boys Cross Country	MM	Guilford	
Girls Swimming	M	Lauralton Hall	

Winter

Boys Basketball	LL	Hillhouse	
Boys Indoor Track	M	Hillhouse	
Cheerleading	LL	Shelton	
Wrestling	M	Foran	
Gymnastics	M	Daniel Hand	

Spring

Baseball	LL	Amity Regional	
Baseball	L	Notre Dame	
Girls Tennis	M	Lauralton Hall	Daniel Hand
Softball	LL	Cheshire	Amity Regional

2016-17 (13)

Fall

Boys Soccer	L	Daniel Hand	
Football	M	Hillhouse	

Winter

Cheerleading	L	Lauralton Hall	
Boys Indoor Track	M	Hillhouse	
Gymnastics	M	Daniel Hand	
Boys Ice Hockey	II	Guilford	
Boys Basketball	LL	Hillhouse	
Girls Basketball	L	Daniel Hand	

Spring

Baseball	L	Foran	North Haven
Boys Golf	I	Xavier	
Girls Lacrosse	M	Branford	
Girls Tennis	M	Daniel Hand	Guilford
Boys Outdoor Track & Field	Open	Daniel Hand	

2017-18 (19)**Fall**

Boys Soccer	L	Daniel Hand	
Football	L	Daniel Hand	
Field Hockey	M	Daniel Hand	
Girls Swimming	M	Lauralton Hall	North Haven
Girls Swimming	L	Cheshire	
Boys Cross Country	Open	Xavier	

Winter

Girls Basketball	M	East Haven	Career
Girls Basketball	LL	Mercy	
Boys Indoor Track	M	Hillhouse	Lyman Hall
Girls Indoor Track	M	Hillhouse	
Cheerleading	LL	Shelton	
Boys Ice Hockey	I	Fairfield Prep	
Wrestling	M	Foran	

Spring

Baseball	LL	Cheshire	
Softball	LL	Amity Regional	
Girls Lacrosse	M	Branford	Daniel Hand
Boys Outdoor Track & Field	MM	Hillhouse	
Girls Outdoor Track & Field	M	Hillhouse	
Boys Tennis	M	Daniel Hand	

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