



Southern Connecticut Conference

Fall Sports Notebook

Fall 2020, Edition 5
(November 2-November 9, 2020)

Welcome to the fifth notebook of the Fall 2020 sports season. Our goal with this weekly communication is to highlight some of the best individual and team performances from each of the five sports being played this fall - cross country, field hockey, soccer, swimming, and volleyball - as well as inform you of other important league information.

This edition includes contests and news from Monday, November 2 through Sunday, November 8. The goal will be to publish this notebook each Tuesday through the league playoffs. The top five performances of the week are highlighted at the end of the column.

SCC Championship Final Dates

Note: All SCC post-season games will be played at higher-seeded team.

Field Hockey -

Division A - Wednesday, November 11

Division B - Wednesday, November 11

Soccer (Boys/Girls) -

Boys Division A - Saturday, November 14

Boys Division B - Thursday, November 12

Boys Division C - Friday, November 13

Girls Division A - Thursday, November 12

Girls Division B - Friday, November 13

Girls Division C - Friday, November 13

Swimming/Diving -

Diving: Saturday, November 7 at Albertus Magnus College;

Virtual Swimming Meets: Teams have been doing their own virtual meet according to a set schedule. We will compile the times and declare a champion in the next week.

Volleyball -

Division A - Friday, November 13

Division B - Friday, November 13

Division C - Friday, November 13

You can see matchups and full schedule by visiting here - [SCC Fall 2020 Sports Experience](#)

SCC Standings Available

The standings for each sport have been posted on the SCC Website. Each sport with official standings are linked here - <http://www.southernconnecticutconference.org/index.php/news/1801-2020-fall-sports-standings> - or you can access each sport standings below.

[Field Hockey](#)

[Boys Soccer](#)

[Girls Soccer](#)

[Volleyball](#)

Best Performances

Boys Cross Country

In a series of division races, Xavier, Guilford, Shelton, and West Haven won their respective divisions, but it was a familiar result as Xavier defended its crown to claim the 2020 league title at East Shore Park on Wednesday, November 5, 2020. This was Xavier's fifth straight run to the team championship having claimed every crown since 2016. It is their 14th overall league title. The Falcons were led by junior Eamon Burke, who won the overall individual title, running the 3.2 mile course in 16:25. He was followed by classmate Brody Santagata, who ran in 16:49. For a complete summary of the boys overall race and division recaps, please visit here - [Xavier Claims 2020 SCC Boys Cross Country Title](#)

TOP FIVE RANKING ALERT: Eamon Burke and the Xavier boys cross country team are highlighted in the Top Five Performances section at the bottom.

Girls Cross Country

In a series of division races, Guilford, Amity, Sacred Heart Academy, and Hamden won their respective divisions, but it was a familiar result as Guilford defended its crown to claim the 2020 league title at East Shore Park on Wednesday, November 5, 2020. This was the fourth straight title for Guilford and 16th overall since the SCC was formed in time for the 1994-95 season. While Guilford won its fourth straight title, they will need to capture next year's crown to match their program's previous high of five straight crowns from 2004 through 2008. Guilford was led by runner up junior Julia Antony, who ran second in a time of 19:53. The top runner was senior Daniel Hand's Anna Steffen, who ran in a time of 18:46. As a team, Hand placed sixth overall. For a complete summary of the boys overall race and division recaps, please visit here - [Guilford Claims 2020 SCC Girls Cross Country Title](#)

TOP FIVE RANKING ALERT: Anna Steffen from Daniel Hand and the Guilford girls cross country team are highlighted in the Top Five Performances section at the bottom.

Field Hockey

Grave Goddard scored in the fourth period to lift Hand to a thrilling 1-0 win over Sacred Heart Academy in a battle between two of the SCC's best on Monday, November 2. Both teams' records following the game were 7-2.

Boys Soccer

Joe Lakaj recorded a hat trick for Notre Dame as the Green Knights beat Platt Tech 4-0 on Monday, November 2.

TOP FIVE RANKING ALERT: Hand's Scott Testori is highlighted in the Top Five Performances section at the bottom.

Girls Soccer

Emily Pycela from East Haven had a huge impact on East haven's soccer week. She scored the team's lone goal in both games, a 1-1 tie with Guilford and a 1-0 win over Hand.

TOP FIVE RANKING ALERT: Angelina Munoz from the East Haven girls soccer team is highlighted in the Top Five Performances section at the bottom.

Girls Swimming

The swim teams had the week off preparing for the Fall Sports Experience Championship meets.

Volleyball

Kaitlin Moran helped lead Hamden to a 3-0 win over Whitney Tech on Monday, November 2 with her 17 kill, six ace effort.

Top Five Performances from Week 5



Each week we will highlight five performances that stood out above the rest.
We will count them down from five to one.

Number 5



Hand soccer star Scott Testori recorded a hat trick in the Tigers 4-1 win over Cross on November 3. It was his fifth straight three-goal effort.

Number 4



Angelina Munoz made 20 saves to lead the East Haven girls soccer team to a 1-0 win over Daniel Hand on Thursday, November 5. Emily Pycela scored the game's lone goal.

Number 3



There are THREE undefeated teams left among all SCC teams this fall. In field hockey, the Cheshire Rams start postseason play with a 10-0 record.

In boys soccer, Hand starts its postseason run with a 10-0 record.

In volleyball, Guilford joins this prestigious group with a 12-0 mark headed into postseason action.

Number 2

Congratulations to Xavier junior Eamon Burke, who won the boys overall cross country individual title, running the 3.2 mile East Shore Park course in a time of 16:25. Congratulations to Daniel Hand senior Anna Steffen, who won the girls overall cross country individual title, running the 3.2 mile East Shore Park course in a time of 18:46.

Number 1



Congratulations to the Xavier boys cross country and the Guilford girls cross country teams on their repeat SCC cross country championships. It was Xavier's fifth and Guilford's fourth straight league titles.

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