

Southern Connecticut Conference 2009 Boys Varsity Cross Country Championships

Hammonasset State Park – Madison, CT

Oct. 22, 2009

PLACE	TEAM	POINTS	PLACES OF FINISHERS						AVG. TIME SPREAD		
1	Xavier	63	6	9	10	13	25	50	65	16:46.85	1:03.91
2	Hamden	88	7	8	15	21	37	45	49	17:00.29	1:11.35
3	Cheshire	106	1	20	26	29	30	34	66	17:04.50	1:39.42
4	Amity	113	2	11	12	40	48	54	74	17:03.58	2:03.24
5	Fairfield Prep	123	3	24	27	33	36	39	42	17:10.64	1:37.19
6	Hand	166	4	5	32	57	68	75	76	17:21.93	2:32.36
7	Guilford	177	18	19	38	43	59	79	83	17:38.39	1:14.53
8	Shelton	181	14	17	47	51	52	55	73	17:38.95	1:08.44
9	North Haven	249	16	53	56	60	64	70	84	18:02.30	1:23.04
10	Sheehan	309	35	46	62	72	94	95		18:31.42	2:12.82
11	Branford	322	23	31	78	93	97	99		18:43.43	2:44.09
12	Lyman Hall	336	22	71	77	80	86	89		18:45.17	2:16.03
13	Foran	352	28	67	81	85	91	100	103	18:52.69	2:15.10
14	Law	354	41	44	87	90	92	102	109	18:55.54	1:52.64
15	Notre Dame	441	58	82	96	101	104	105	114	19:43.54	2:18.84
16	West Haven	478	63	69	112	116	118	119		21:45.42	6:52.90
17	Hillhouse	493	61	98	108	111	115			20:59.50	4:42.57
18	East Haven	524	88	106	107	110	113	117	120	21:21.53	3:29.02

Individuals

PLACE	FINISHER	TIME	PACE
1. Xavier			
6	Ian Albert, 11	16:14.37	5:14
9	Nick Lemon, 12	16:43.58	5:24
10	Jonathan Anelli, 11	16:43.97	5:24
13	John Corona, 12	16:54.09	5:27
25	Scott Stewart, 12	17:18.28	5:35
50	Russell Stevens, 10	18:05.23	5:50
65	Conor Zawilinski, 10	18:28.84	5:58
Total Time = 83:54.29		Total Places = 63	

2. Hamden			
7	Chris FitzSimons, 12	16:29.56	5:19
8	Nick Saba, 12	16:40.10	5:23
15	Isiah Whiting, 12	17:01.14	5:29
21	Dan Hammerberg, 11	17:09.75	5:32
37	Matt Dinnan, 11	17:40.91	5:42
45	Pat Cyr, 11	17:56.91	5:47
49	Kevinn Tran, 11	18:00.18	5:48
Total Time = 85:01.46		Total Places = 88	

3. Cheshire

1	Sean Mueller, 11	15:51.78	5:07
20	Dan Harris, 12	17:09.40	5:32
26	Joe Fitzpatrick, 12	17:21.59	5:36
29	Curt Brown, 12	17:28.55	5:38
30	Philip Caldwell, 11	17:31.20	5:39
34	Sergey Lukashenko, 12	17:35.89	5:41
66	Eric Ploch, 12	18:31.66	5:59

Total Time = 85:22.52 Total Places = 106

4. Amity

2	Ryan Laemel, 12	15:55.38	5:08
11	Dean Bhatt, 11	16:47.10	5:25
12	John Cocco, 12	16:48.72	5:25
40	Samuel Spencer, 11	17:48.10	5:45
48	Francis Sweeney, 11	17:58.62	5:48
54	Clark Shurtleff, 10	18:08.41	5:51
74	Matthew Beland, 11	18:52.34	6:05

Total Time = 85:17.92 Total Places = 113

5. Fairfield Prep

3	Connor Rog, 10	16:00.57	5:10
24	William Schloth, 10	17:14.17	5:34
27	Tyler Agostino, 11	17:25.35	5:37
33	Brendan McLeod, 12	17:35.38	5:40
36	Brian Bennett, 11	17:37.76	5:41
39	Patrick Corona, 10	17:46.35	5:44
42	Michael Whelan, 10	17:51.90	5:46

Total Time = 85:53.23 Total Places = 123

6. Hand

4	Danny Nestor, 11	16:07.44	5:12
5	Dave Cotton, 12	16:11.25	5:13
32	Peter Clarke, 11	17:33.69	5:40
57	Joe Hurley, 11	18:17.50	5:54
68	Trevor McMinn, 12	18:39.80	6:01
75	Nick D'Agostino, 10	18:52.75	6:05
76	Brian Schallar, 11	18:57.94	6:07

Total Time = 86:49.68 Total Places = 166

7. Guilford

18	Jeff Moretti, 11	17:07.14	5:31
19	Matt Marchand, 11	17:07.68	5:32
38	Mike McGowan, 11	17:42.54	5:43
43	Brian Gottwalt, 10	17:52.93	5:46
59	Connor Isnard, 11	18:21.67	5:55
79	Brian Melly, 12	19:09.19	6:11
83	Andrew Krier, 10	19:17.07	6:13

Total Time = 88:11.96 Total Places = 177

8. Shelton

14	Jason Shnipes, 11	16:58.56	5:29
17	Kyle Casiglio, 12	17:04.62	5:31
47	Steve Torres, 10	17:58.13	5:48
51	Tom Johnson, 12	18:06.46	5:50
52	Kyle Packnick, 10	18:07.00	5:51
55	Josh Wells, 11	18:10.29	5:52

73 Ray Bendolph, 12 18:50.33 6:05
Total Time = 88:14.77 Total Places = 181

9. North Haven

16 Patrick Hubbell , 12 17:03.23 5:30
53 Casey Mackay , 12 18:07.87 5:51
56 Matthew Kortsep , 12 18:11.39 5:52
60 David Salvo , 10 18:22.74 5:56
64 Stephen LaLuna , 11 18:26.27 5:57
70 Nicholas Burns , 11 18:47.59 6:04
84 Chris DelVecchio , 9 19:19.82 6:14
Total Time = 90:11.50 Total Places = 249

10. Sheehan

35 Tommy Lupoli, 10 17:36.43 5:41
46 Kurt Tiedemann, 11 17:57.76 5:48
62 Jeff Martin, 11 18:24.28 5:56
72 Tim Fengler, 10 18:49.38 6:04
94 Dan Michaud, 11 19:49.25 6:24
95 Charl Van Heerden, 10 19:50.07 6:24
Total Time = 92:37.10 Total Places = 309

11. Branford

23 Thomas Dextrateur, 11 17:12.69 5:33
31 Kevin Gell, 11 17:32.66 5:40
78 Alex Case, 11 19:07.78 6:10
93 Jonathan Carlson, 11 19:47.24 6:23
97 Riley Mann, 12 19:56.78 6:26
99 Austin Connell, 10 20:03.61 6:28
Total Time = 93:37.15 Total Places = 322

12. Lyman Hall

22 Allen Copas, 11 17:11.97 5:33
71 Brent Cornwall, 10 18:48.74 6:04
77 Ernesro Ordonez, 9 19:06.02 6:10
80 Derek Lyon, 9 19:11.16 6:11
86 Steve Munzi, 9 19:28.00 6:17
89 Greg Nigro, 11 19:31.96 6:18
Total Time = 93:45.89 Total Places = 336

13. Foran

28 Alex Liontas, 12 17:27.75 5:38
67 Evan Rule, 12 18:35.12 6:00
81 Mark Dillman, 10 19:13.93 6:12
85 Ryan Manning, 10 19:23.80 6:15
91 Dan Tylutki, 11 19:42.85 6:22
100 Clinton Harlow, 12 20:27.89 6:36
103 Tom Bassine, 10 20:36.42 6:39
Total Time = 94:23.45 Total Places = 352

14. Law

41 Andrew Fowler, 11 17:51.23 5:46
44 Peter Paradis, 12 17:56.20 5:47
87 Robert Lockwood, 11 19:30.54 6:18
90 Aaron Gambardella, 11 19:35.90 6:19
92 Evan DeLorio, 10 19:43.87 6:22
102 Mark Benway, 11 20:30.58 6:37

109 Emmet Costen, 12 21:46.53 7:01
 Total Time = 94:37.74 Total Places = 354

15. Notre Dame

58 Nick Jallat, 12 18:20.12 5:55
 82 Chris Danenhoffer, 12 19:15.65 6:13
 96 Tyler Laracuente, 12 19:52.84 6:25
 101 Maliq Kenan, 12 20:30.14 6:37
 104 Tom Sledge, 11 20:38.96 6:40
 105 Frank Mastriano, 11 20:42.85 6:41
 114 Andrew Marinaro, 11 23:00.88 7:25
 Total Time = 98:37.71 Total Places = 441

16. West Haven

63 Adam Bocco, 11 18:25.26 5:57
 69 Robert Lafond, 12 18:42.54 6:02
 112 James Flynn, 11 22:15.88 7:11
 116 Brian Creegan, 10 24:05.26 7:46
 118 Willie Rivas, 10 25:18.16 8:10
 119 Tanner Cleary, 11 29:08.99 9:24
 Total Time = 108:47.10 Total Places = 478

17. Hillhouse

61 Durell Law, 11 18:23.12 5:56
 98 Andre Sutton, 11 20:02.16 6:28
 108 Lanre Shogbola, 11 21:13.93 6:51
 111 Anthony Moore, 10 22:12.60 7:10
 115 Daniel Lewis, 10 23:05.69 7:27
 Total Time = 104:57.50 Total Places = 493

18. East Haven

88 Tyler Ross, 12 19:31.32 6:18
 106 Albert DeCaprio, 12 21:05.89 6:48
 107 Tyler Kemp, 12 21:07.31 6:49
 110 Jim Wayne, 11 22:02.80 7:07
 113 Anthony Sandella, 12 23:00.34 7:25
 117 JunYi Pierce, 12 24:37.74 7:57
 120 Sokchetra So, 11 30:41.57 9:54
 Total Time = 106:47.66 Total Places = 524

TEAM
 PLACE SCORE FINISHER TIME PACE TEAM

*** Top 12 individuals earn All-Conference recognition**

1	1	Sean Mueller, 11	15:51.78	5:07	Cheshire
2	2	Ryan Laemel, 12	15:55.38	5:08	Amity
3	3	Connor Rog, 10	16:00.57	5:10	Fairfield Prep
4	4	Danny Nestor, 11	16:07.44	5:12	Hand
5	5	Dave Cotton, 12	16:11.25	5:13	Hand
6	6	Ian Albert, 11	16:14.37	5:14	Xavier

7	7	Chris FitzSimons, 12	16:29.56	5:19	Hamden
8	8	Nick Saba, 12	16:40.10	5:23	Hamden
9	9	Nick Lemon, 12	16:43.58	5:24	Xavier
10	10	Jonathan Anelli, 11	16:43.97	5:24	Xavier
11	11	Dean Bhatt, 11	16:47.10	5:25	Amity
12	12	John Cocco, 12	16:48.72	5:25	Amity
13	13	John Corona, 12	16:54.09	5:27	Xavier
14	14	Jason Shnipes, 11	16:58.56	5:29	Shelton
15	15	Isiah Whiting, 12	17:01.14	5:29	Hamden
16	16	Patrick Hubbell , 12	17:03.23	5:30	North Haven
17	17	Kyle Casiglio, 12	17:04.62	5:31	Shelton
18	18	Jeff Moretti, 11	17:07.14	5:31	Guilford
19	19	Matt Marchand, 11	17:07.68	5:32	Guilford
20	20	Dan Harris, 12	17:09.40	5:32	Cheshire
21	21	Dan Hammerberg, 11	17:09.75	5:32	Hamden
22	22	Allen Copas, 11	17:11.97	5:33	Lyman Hall
23	23	Thomas Dextrateur, 11	17:12.69	5:33	Branford
24	24	William Schloth, 10	17:14.17	5:34	Fairfield Prep
25	25	Scott Stewart, 12	17:18.28	5:35	Xavier
26	26	Joe Fitzpatrick, 12	17:21.59	5:36	Cheshire
27	27	Tyler Agostino, 11	17:25.35	5:37	Fairfield Prep
28	28	Alex Liontas, 12	17:27.75	5:38	Foran
29	29	Curt Brown, 12	17:28.55	5:38	Cheshire
30	30	Philip Caldwell, 11	17:31.20	5:39	Cheshire
31	31	Kevin Gell, 11	17:32.66	5:40	Branford
32	32	Peter Clarke, 11	17:33.69	5:40	Hand

33	33	Brendan McLeod, 12	17:35.38	5:40	Fairfield Prep
34	34	Sergey Lukashenko, 12	17:35.89	5:41	Cheshire
35	35	Tommy Lupoli, 10	17:36.43	5:41	Sheehan
36	36	Brian Bennett, 11	17:37.76	5:41	Fairfield Prep
37	37	Matt Dinnan, 11	17:40.91	5:42	Hamden
38	38	Mike McGowan, 11	17:42.54	5:43	Guilford
39	39	Patrick Corona, 10	17:46.35	5:44	Fairfield Prep
40	40	Samuel Spencer, 11	17:48.10	5:45	Amity
41	41	Andrew Fowler, 11	17:51.23	5:46	Law
42	42	Michael Whelan, 10	17:51.90	5:46	Fairfield Prep
43	43	Brian Gottwalt, 10	17:52.93	5:46	Guilford
44	44	Peter Paradis, 12	17:56.20	5:47	Law
45	45	Pat Cyr, 11	17:56.91	5:47	Hamden
46	46	Kurt Tiedemann, 11	17:57.76	5:48	Sheehan
47	47	Steve Torres, 10	17:58.13	5:48	Shelton
48	48	Francis Sweeney, 11	17:58.62	5:48	Amity
49	49	Kevinn Tran, 11	18:00.18	5:48	Hamden
50	50	Russell Stevens, 10	18:05.23	5:50	Xavier
51	51	Tom Johnson, 12	18:06.46	5:50	Shelton
52	52	Kyle Packnick, 10	18:07.00	5:51	Shelton
53	53	Casey Mackay , 12	18:07.87	5:51	North Haven
54	54	Clark Shurtleff, 10	18:08.41	5:51	Amity
55	55	Josh Wells, 11	18:10.29	5:52	Shelton
56	56	Matthew Kortsep , 12	18:11.39	5:52	North Haven
57	57	Joe Hurley, 11	18:17.50	5:54	Hand
58	58	Nick Jallat, 12	18:20.12	5:55	Notre Dame

59	59	Connor Isnard, 11	18:21.67	5:55	Guilford
60	60	David Salvo , 10	18:22.74	5:56	North Haven
61	61	Durell Law, 11	18:23.12	5:56	Hillhouse
62	62	Jeff Martin, 11	18:24.28	5:56	Sheehan
63	63	Adam Bocco, 11	18:25.26	5:57	West Haven
64	64	Stephen LaLuna , 11	18:26.27	5:57	North Haven
65	65	Conor Zawilinski, 10	18:28.84	5:58	Xavier
66	66	Eric Ploch, 12	18:31.66	5:59	Cheshire

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67	67	Evan Rule, 12	18:35.12	6:00	Foran
68	68	Trevor McMinn, 12	18:39.80	6:01	Hand
69	69	Robert Lafond, 12	18:42.54	6:02	West Haven
70		Ryan Parris, 10	18:43.04	6:02	Wilbur Cross
71	70	Nicholas Burns , 11	18:47.59	6:04	North Haven
72	71	Brent Cornwall, 10	18:48.74	6:04	Lyman Hall
73	72	Tim Fengler, 10	18:49.38	6:04	Sheehan
74	73	Ray Bendolph, 12	18:50.33	6:05	Shelton
75	74	Matthew Beland, 11	18:52.34	6:05	Amity
76	75	Nick D'Agostino, 10	18:52.75	6:05	Hand
77	76	Brian Schallar, 11	18:57.94	6:07	Hand
78	77	Ernesro Ordonez, 9	19:06.02	6:10	Lyman Hall
79	78	Alex Case, 11	19:07.78	6:10	Branford
80	79	Brian Melly, 12	19:09.19	6:11	Guilford
81	80	Derek Lyon, 9	19:11.16	6:11	Lyman Hall
82	81	Mark Dillman, 10	19:13.93	6:12	Foran
83	82	Chris Danenhoffer, 12	19:15.65	6:13	Notre Dame
84	83	Andrew Krier, 10	19:17.07	6:13	Guilford
85	84	Chris DelVecchio , 9	19:19.82	6:14	North Haven
86	85	Ryan Manning, 10	19:23.80	6:15	Foran
87	86	Steve Munzi, 9	19:28.00	6:17	Lyman Hall
88	87	Robert Lockwood, 11	19:30.54	6:18	Law
89	88	Tyler Ross, 12	19:31.32	6:18	East Haven
90	89	Greg Nigro, 11	19:31.96	6:18	Lyman Hall
91	90	Aaron Gambardella, 11	19:35.90	6:19	Law
92	91	Dan Tylutki, 11	19:42.85	6:22	Foran
93	92	Evan DeLorio, 10	19:43.87	6:22	Law
94	93	Jonathan Carlson, 11	19:47.24	6:23	Branford
95	94	Dan Michaud, 11	19:49.25	6:24	Sheehan
96	95	Charl Van Heerden, 10	19:50.07	6:24	Sheehan
97	96	Tyler Laracuente, 12	19:52.84	6:25	Notre Dame
98	97	Riley Mann, 12	19:56.78	6:26	Branford
99	98	Andre Sutton, 11	20:02.16	6:28	Hillhouse
100	99	Austin Connell, 10	20:03.61	6:28	Branford
101		Jordy Padilla, 11	20:14.28	6:32	Wilbur Cross
102	100	Clinton Harlow, 12	20:27.89	6:36	Foran

103	101	Maliq Kenan, 12	20:30.14	6:37	Notre Dame
104	102	Mark Benway, 11	20:30.58	6:37	Law
105	103	Tom Bassine, 10	20:36.42	6:39	Foran
106	104	Tom Sledge, 11	20:38.96	6:40	Notre Dame
107	105	Frank Mastriano, 11	20:42.85	6:41	Notre Dame
108	106	Albert DeCaprio, 12	21:05.89	6:48	East Haven
109	107	Tyler Kemp, 12	21:07.31	6:49	East Haven
110	108	Lanre Shogbola, 11	21:13.93	6:51	Hillhouse

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111	109	Emmet Costen, 12	21:46.53	7:01	Law
112		Robert Kinney, 12	21:57.89	7:05	Wilbur Cross
113	110	Jim Wayne, 11	22:02.80	7:07	East Haven
114	111	Anthony Moore, 10	22:12.60	7:10	Hillhouse
115	112	James Flynn, 11	22:15.88	7:11	West Haven
116	113	Anthony Sandella, 12	23:00.34	7:25	East Haven
117	114	Andew Marinaro, 11	23:00.88	7:25	Notre Dame
118	115	Daniel Lewis, 10	23:05.69	7:27	Hillhouse
119	116	Brian Creegan, 10	24:05.26	7:46	West Haven
120	117	JunYi Pierce, 12	24:37.74	7:57	East Haven

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121	118	Willie Rivas, 10	25:18.16	8:10	West Haven
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122	119	Tanner Cleary, 11	29:08.99	9:24	West Haven
123	120	Sokchetra So, 11	30:41.57	9:54	East Haven

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