

# 2005 SCC Boys Indoor Track Championship

## Final Team Results

1. Amity, 94; 2. Hamden, 66; 3. Xavier, 40; 4. Wilbur Cross, 32; 4. Guilford, 32; 6. Shelton, 29; 7. Sheehan, 27; 8. Branford, 26; 8. North Haven, 26; 10. Fairfield Prep, 19; 11. Cheshire, 18; 11. Lyman Hall, 18; 13. Notre Dame, 14; 14. East Haven, 11; 15. Hand, 6; 16. Hillhouse, 4

## Individual Results

### 55 Meter Dash

1	Ellis, Jason	SR Amity	6.66	6.51	10
2	Pitter, Lyndon	SR Hamden	6.64	6.57	8
3	Nastri, Vin	North Haven	6.67	6.65	6
4	Hubbard, Chris	JR Lyman Hall	6.70	6.67	4
5	Pratt, Andrew	SR Lyman Hall	6.71	6.72	2
6	Mushaweh, Kyle	SR Cheshire	6.69	6.72	1
7	Ullrich, Ryan	JR Amity	6.71	6.74	

### 300 Meter Dash

1	Pitter, Lyndon	SR Hamden	35.58	35.53#	9	10
2	Rodrigues, Jose	JR Wilbur Cross	36.60	36.33	9	8
3	Greenhouse, Alex	JR Amity	36.25	36.80	9	6
4	Nastri, Vin	North Haven	35.90	36.93	9	4
5	Cheeks, Macarthur	Hillhouse	37.50	37.28	8	2
6	Mushaweh, Kyle	SR Cheshire	36.70	37.43	9	1

### 600 Meter Run

1	Pugliese, Martin	SR Xavier	1:25.60	1:25.08	6	10
2	Dupaul, Mike	SR East Haven	1:25.00	1:25.21	6	8
3	Mosley, Corey	JR Amity	1:25.50	1:25.22	6	6
4	McLean, Adam	JR Wilbur Cross	1:24.60	1:26.16	6	4
5	Brady, Frank	SR Hamden	1:27.00	1:26.59	6	2
6	Padilla, Chris	SR Shelton	1:25.00	1:27.63	6	1

### 1000 Meter Run

1	Padilla, Phil	SR Shelton	2:40.00	2:44.11	10
2	McDonald, Jack	SR Cheshire	2:43.00	2:44.73	8
3	Harrison, David	JR Amity	2:39.90	2:45.22	6
4	Duni, Craig	North Haven	2:47.00	2:47.27	4
5	Thompson, Will	JR Branford	2:48.00	2:47.67	2
6	Lozier, Matt	SR Fairfield Prep	2:44.00	2:48.65	1

### 1600 Meter Run

1	Koloseus, Jay	Guilford	4:22.00	4:31.29	10
2	Zablocki, Christopher	JR Xavier	4:34.39	4:35.85	8
3	Swirsky, Steve	SR Branford	4:39.00	4:43.65	6
4	Durham, Steve	Guilford	4:45.00	4:43.82	4
5	McSherry, Alex	JR Amity	4:38.00	4:46.19	2
6	Stanton, Giancarlo	JR Amity	4:48.00	4:46.95	1

More

**3200 Meter Run**

1	Koloseus, Jay	Guilford	9:28.00	9:52.81	10
2	Zablocki, Christopher	JR Xavier	9:43.39	9:59.63	8
3	Durham, Tim	Guilford	10:10.00	10:08.47	6
4	Sudhoff, Bill	JR Amity	9:58.00	10:11.85	4
5	Walsh, Chris	JR Amity	10:06.00	10:12.69	2
6	Halstead, Wesley	SO Amity	10:08.00	10:15.85	1

**55 Meter Hurdles**

1	Mellers, Chris	SR Notre Dame	8.23	8.00	10
2	Greenhouse, Alex	JR Amity	7.91	8.01	8
3	Medley, Tristan	SR Hamden	8.25	8.08	6
4	McWeeney, Brian	SR Lyman Hall	8.42	8.27	4
5	Bias, Ricky	JR East Haven	8.44	8.41	2
6	Perillo, Mark	JR East Haven	8.54	8.73	1
7	DeLombaert, Joachim	Hand	8.38	9.08	

**4x200 Meter Relay**

1	Amity Regional		1:33.75	1:33.60	3	10
	1) Greenhouse, Alex JR	2) Ullrich, Ryan JR				
	3) Huvelle, Nate JR	4) Ellis, Jason SR				
2	Hamden High School		1:34.00	1:37.01	3	8
	1) Lykes, Jabari SR	2) Hunter, Jon JR				
	3) Fergurson, Chris JR	4) Russel, Kevin SR				
3	Fairfield Prep		1:37.00	1:37.92	2	6
	1) Frank, CJ JR	2) Piedade, Andre SR				
	3) Decarle, Joe SR	4) Ellis, Jason SR				
4	Shelton High School		1:36.00	1:38.59	3	4
	1) Costeines, Matt SR	2) Louis, Raphael SR				
	3) Henderson, Andre FR	4) Henderson, Javon SR				
5	Xavier High School		1:39.25	1:39.62	2	2
	1) Siewertsen, Christopher SR	2) Downs, Andrew SR				
	3) Tamiso, Richard SO	4) Padilla, Evan JR				
6	Sheehan		1:39.00	1:39.83	2	1
	1) Szeligowski, Steve	2) Cusano, Dominic				
	3) Comeau, Jay	4) Gumkowski, John				

**4x400 Meter Relay**

1	Wilbur Cross		3:30.80	3:31.70	3	10
	1) Rodrigues, Jose JR	2) Staford, Sam JR				
	3) McLean, Adam JR	4) Amaya, Exon JR				
2	Amity Regional		3:30.36	3:36.39	3	8
	1) Rothberg, Alex SR	2) Gibbs, Robert SR				
	3) Petree, Sean SR	4) Mosley, Corey JR				
3	Xavier High School		3:35.71	3:37.21	3	6
	1) Ferrantino, John SR	2) Shiely, Robert SO				
	3) McGuinness, Scott SR	4) Pugliese, Martin SR				
4	Shelton High School		3:36.00	3:39.48	3	4
	1) Rasmussen, Ryan SR	2) Guhin, Ben JR				
	3) Smith, Barry SR	4) Haney, Tom SR				
5	Hillhouse High School		3:37.00	3:39.85	3	2
	1) Lawrence, Keerome	2) Moye, Chris				
	3) Thomas, Jermaine	4) Brown, Tyquan				
6	Sheehan		3:48.00	3:42.19	1	1
	1) Daniels, Chris	2) Kesilewski, Tim				
	3) Selmecki, Peter	4) Pyne, Matt				

More

**4x800 Meter Relay**

1	Shelton High School		8:20.00	8:19.05	10
	1) Hope, Tom JR	2) McDonnell, Ken SO			
	3) Padilla, Chris SR	4) Padilla, Phil SR			
2	Fairfield Prep		8:23.00	8:20.57	8
	1) Musto, Jeffrey SR	2) Ziemak, Greg SR			
	3) Hodson, Dan SR	4) Lozier, Matt SR			
3	Amity Regional		8:24.00	8:26.17	6
	1) McSherry, Mike JR	2) Petree, Sean SR			
	3) deCant, Zack SR	4) McSherry, Alex JR			
4	Xavier High School		8:25.00	8:27.38	4
	1) Selinsky, Kevin JR	2) Zawalinski, Justin JR			
	3) McGuinness, Scott SR	4) Pugliese, Martin SR			
5	Guilford		8:33.00	8:28.05	2
	1) Durham, Steve	2) Durham, Tim			
	3) Phelan, James	4) Koloseus, Jay			
6	Daniel Hand High School		8:44.00	8:34.49	1
	1) Boyd, Dave	2) Neilson, Sean			
	3) LaRochelle, Jon	4) Strickland, Taylor			

**1600 Sprint Medley**

1	Wilbur Cross		3:36.80	3:43.71	2	10
	1) Stafford, Sam JR	2) Amaya, Exon JR				
	3) McLean, Adam JR	4) Rodrigues, Jose JR				
2	Amity Regional		3:42.00	3:44.57	2	8
	1) Rothberg, Alex SR	2) Ellis, Jason SR				
	3) Ullrich, Ryan JR	4) McSherry, Mike JR				
3	Hamden High School		3:43.00	3:46.56	2	6
	1) Grant, Rodney SR	2) Lykes, Jabari SR				
	3) Fergurson, Chris JR	4) Brady, Frank SR				
4	Sheehan		3:45.00	3:50.24	2	4
	1) Selmecki, Peter	2) Szeligowski, Steve				
	3) Cusano, Dominic	4) Daniels, Chris				
5	Xavier High School		3:46.12	3:50.77	1	2
	1) Ferrantino, John SR	2) Downs, Andrew SR				
	3) D'Amelio, Andrew JR	4) McGuinness, Scott SR				
6	Branford		3:53.00	3:54.93	1	1
	1) Snipes, Matt SR	2) McCurry, Mike SR				
	3) Zhang, Andy SR	4) D'Amico, Kyle JR				

**High Jump**

1	Roberson, Anthony	SR Hamden	6-06.00	6-08.00	10
2	Chambers, Chris	SR Cheshire	6-00.00	6-02.00	8
3	Pierson, Ryan	Sheehan	5-08.00	5-10.00	6
4	Ceballos, Christopher	North Haven	5-06.00	J5-10.00	3
4	Jagassar, Chris	JR Branford	5-10.00	J5-10.00	3
5	Zurlo, Mark	North Haven	5-08.00	J5-08.00	1

**Pole Vault**

1	Martens, Chris	SR Branford	13-00.00	13-06.00	10
2	Pyne, Matt	Sheehan	10-06.00	10-06.00	8
3	Zilm, Mike	SO Hamden	10-00.00	10-00.00	6
4	Manko, Brendon	Hand	10-06.00	9-06.00	4

**Long Jump**

1	Medley, Tristan	SR Hamden	21-06.00	20-10.25	10
2	Bevins, Chris	JR Lyman Hall	20-02.00	20-04.75	8
3	Zollo, Colin	SR Amity	20-02.00	19-10.75	6
4	Frank, CJ	JR Fairfield Prep	20-09.75	J19-10.75	4
5	Moran, Dan	SO Notre Dame	20-04.00	19-07.75	2
6	Kumar, Niko	Hand	20-04.00	19-06.00	1

More

**Shot Put**

1 Silverstrim, Damian	JR Amity	46-05.00	48-04.00	10
2 Knowlton, Kevin	North Haven	47-00.50	46-10.00	8
3 Goodfriend, Mike	Sheehan	44-00.00	46-05.50	6
4 Rank, John	SR Branford	46-06.00	45-01.00	4
5 Iannone, Devin	JR Notre Dame	43-09.00	43-04.00	2
6 Negrini, AJ	Sheehan	44-01.00	J43-04.00	1

END