

Girls Outdoor Track

SCC Conference Meet Records

As of May 23, 2006

Event	Athlete	School	Time	Year
100 Meter	Shantea Calhoun	Cross	12.15	2004
200 Meter	Shanea Calhoun	Cross	24.60	2004
400 Meter	Shantea Calhoun	Cross	56.46	2004
800 Meter	Amanda Brei	Amity	2:17.41	1999
1600 Meter	Kelly Howard	Sheehan	5:15.69	2004
3200 Meters	Kelly Howard	Sheehan	11:22.34	2004
100 Meter High Hurdles	Nichollette Chambers	Hillhouse	14.23	1999
300 Meter Intermediate Hurdles	Tamara Highsmith	East Haven	44.63	2004
Long Jump	Amber Proffitt	Hillhouse	18' 2.5"	2001
High Jump	Barwise, Allison	Amity	5' 4"	2006
Triple Jump	Tamara Highsmith	East Haven	38' 2.75 "	2004
Shot Put	Margo Angelopoulos	North Haven	40' 7"	2001
Discus	Diane Potkay	Derby	127' 7"	1996
Javelin (old rule)	Kerry Perkins	Lyman Hall	126' 4 ½"	1995
Javelin (2002 rule)	Sarah Mandilo	Branford	121' 11"	2003
4x100 Meter Relay	S. Calhoun, S. Calhoun McKnight, Mullins	Hillhouse	48.76	2002
4x400 Meter Relay	Ashley Bernardo Julia Morgillo Kayla Huggins Avery Voos	North Haven	4:05.29	2004
4x800 Meter Relay	Johnna Smith Shaquanna Martindale Mahogany Howard Ashley Velazquez	Cross	9:49.28	2004
Pole Vault	Emily Zilm	Hamden	10' 0"	2005