

2007 Southern Connecticut Conference SPRING ALL-CONFERENCE TEAMS

BASEBALL

All-Housatonic

Zach Sousa (Amity), Jason Esposito (Amity), Brian Kownacki (Amity), Rob Torres (Sheehan), Matt Mauri (Shelton), Kyle Nisson (Lyman Hall), Bryan Dorsey (Cheshire), Rob Bukowski (Sheehan), Pete Testa (Amity), Max Russell (Amity), Kyle Birdsall (Amity)

All-Hammonasset

Mike Gell (Guilford), Mike Dooling (Foran), Ryan Maghini (Hand), Ryan Brockett (Guilford), Cody Quinn (Foran), Sam Greenberg (Guilford), Bryan Doran (Jonathan Law), Mike Pavelko (Guilford), Joe Sarro (Hand), Will Jolin (Guilford), Nick Hahn (Guilford)

All-Quinnipiac

Nico Gambardella (West Haven), Kevin Collins (Fairfield Prep), Ed Shea (Notre Dame), Mike Aquilino (West Haven), Gabe Guerino (Notre Dame), Greg Pacelli (Hamden), Mark Micowski (Xavier), Dave Wirkus (Fairfield Prep), Dave Giglio (Xavier), Tom Lawrence (West Haven), Dan Evangelista (Fairfield Prep)

All-Oronoque

Kyle Craven (Career), Mike Olt (Branford), Mike Olszyk (Career), Elvin Rodriguez (Wilbur Cross), Mike Pereira (Career), Matt Caputo (North Haven), Chris Dady (East Haven), Kyle Calechman (North Haven), Mike Matosian (Derby), Jim Stanley (North Haven), Andrew Petrucci (Branford)

BOYS TENNIS

All-Hammonasset

Sage Aronson (Guilford), Jeff Deacon (Guilford), Rob Musto (Guilford), Ross Lyons (Guilford), Chris Hoge (Guilford), Stephen Haigh (Hand), Jeff Harrahan (Hand), Ryan Youngerman (Hand), Brian Krantz (Foran), Nick Vonderheyde (Jonathan Law)

All-Housatonic

Singles: Ben Zuckerberg (Amity), Chad Sullo (Amity), Ricky Kramer (Amity), Jesse Silkoff (Cheshire), Tim Dise (Sheehan), Jack Baker (Cheshire)

Doubles: Matt Kramer and Brian Relihan (Amity), Wes Ratliff and Craig Elman (Amity)

All-Oronoque

Singles: Steven Genovese (North Haven), Luka Bagi (Branford), John Fetzner (East Haven), Sean Rose (Branford), Max Leiserson (North Haven), Mark Hales (East Haven)

Doubles: Henry Sneath and Dan Aupi (Branford), Jeff Venditto and Sean McManus (North Haven)

All-Quinnipiac

Singles: Mike Schinella (Fairfield Prep), Kevin Maloney (Hamden), Tim Stuart (Notre Dame), Anders Vonderheyde (Fairfield Prep), Terry Keegan (Fairfield Prep), Jim Tarca (Notre Dame)

Doubles: Connor Stewart and Luke Delaney (Fairfield Prep), Evan Marlow (Hamden), Kevin Smith (Notre Dame)

GIRLS TENNIS

DIVISION I

Singles: Aubrey Brooks (Guilford), Ashley Equi (Hand), Sarah Griffin (Cheshire), Chrisine Brzozowski (Sacred Heart Academy), Danielle Velardi (Branford), Taylor Dey (Amity)

Doubles: Anna Lyke and Lindsay Prior (Cheshire), Ashley Bullock and Alysha Bullock (Shelton), Stephanie Paine and Hannah Mulvey (Mercy)

DIVISION II

Singles: Monique Yin (North Haven), Amada Sihabout (North Haven), Felicia Asterino (Sheehan), Stefanie Schaefer (Hamden), Eileen Mars (Jonathan Law), Ashley Bain (Foran)

Doubles: Jamie Losi and Jessica Losi (Sheehan), Christina Oddo and Michelle Meoli (East Haven), Rachel Hurwitz and Disha Patel (North Haven)

BOYS LACROSSE

First Team

Attack: Joe O'Keefe (Branford), Matt Larson (Cheshire), Colin Molloy (Fairfield Prep), Will Coursen (Fairfield Prep), Kevin Donovan (Amity)

Midfield: Billy Alessi (Branford), Sean Payne (Cheshire), Rob Rotanz (Fairfield Prep), Paul Finlay (Fairfield Prep), Spencer Parnell (Fairfield Prep), Colin Barrett (Cheshire)

Defense: John Cunningham (Fairfield Prep), Mike D'Amico (Branford), Pat Gleeton (Cheshire), Billy Cloiniere (Amity), John Breslin (Fairfield Prep)

Long Pole Defense: Jimmy Doyle (Fairfield Prep)

Short Pole Defense: Chris Cotter (Fairfield Prep)

Goalie: Tommy Kralovenic (Fairfield Prep)

Second Team

Attack: Matt Cyr (Cheshire), Zack Rubin (Branford), Ryan Hansen (Hand)
Dan Nudel (Amity), Adam Dahlgard (Amity)

Midfield: Fred Turcio (Guilford), Mike Mortali (Branford), Ben Toucey (Cheshire),
Mike Delbuono (Xavier), Dan Tebes (Hamden), Dave Kraus (Hand)

Defense: Matt Labonia (Cheshire), Shawn McCardle (Cheshire), Jason Bellanio
(Guilford), Ian Wagemaker (Shelton), Steven Frey (Hand)

Long Pole Defense: Kevin Dowes (Cheshire)

Short Pole Defense: Cuinn Nevins (Cheshire)

Goalie: Tyler Martone (Cheshire)

GIRLS LACROSSE

First Team

Attack: Becky Jablonski (Hand), Elaina Heiple (Cheshire), Katie Cassesse
(Guilford)

Midfield: Liz Foye (Hand), Kate Grayeb (Cheshire), Claire Timmons (Branford),
Amelia Farnham (Guilford), Kate DelCiampo (Mercy)

Defense: Erica Palmer (Branford), Lauren Nowakowski (Cheshire), Becky Lutz
(Hand)

Goalie: Melissa Villano (Branford)

Alternate: Alee Ramos (Amity)

Second Team

Attack: Allie Horwitz (Amity), Kelly Flanagan (Hand), Hannah Grimes (Hamden)

Midfield: Lindsay Kehoe (West Haven), Kelly Dalrymple (Hand), Liz Siekman
(Cheshire), Emma Doyle (Hamden), Erin Flanagan (Hand)

Defense: Courtney Wall (Guilford), Colleen Kelly (West Haven), Hilary Whittle
(Hamden)

Goalie: Cheryl Remetz (Hamden)

Alternate: Mary Beth Hamilton (Mercy)

BOYS VOLLEYBALL

First Team

Evan Kasowitz (Amity), Ryan Saxe (Amity), Matt Somerville (Amity), Randy
Johnston (Hand), Jonathan Lauder (Hand), Wes Hansen (Shelton), Joe Visinski
(Shelton)

Second Team

Byrce Watkins (Amity), Peter Luft (Cheshire), Brendan O'Connor (Cheshire),
Giordano Morichi (Hand), Dan Rabinove (Shelton), Jon Torracco (Shelton), John
Rossi (Xavier)

GOLF

Tim Murphy (Fairfield Prep), Mike Baldwin (Fairfield Prep), John Steinberg (Notre Dame), Bob Fox (Xavier), Chris Gatcomb (Lyman Hall), Brad Lincoln (Guilford), Matt McGarry (Fairfield Prep)

BOYS OUTDOOR TRACK & FIELD

Joshua Massey (Notre Dame), 1000 meters
Terrell Wilks (Hillhouse), 200 meters
Thomas FitzSimons (Hamden), 400 meters
Cas Loxsom (Wilbur Cross), 800 meters
Adam Vess (Xavier), 1600 and 3200 meters
Craig Kinsley (Fairfield Prep), 110 high hurdles, High Jump
Alex Benedito (Shelton), 300 hurdles
Jonathan Law (Chris Quetant, Matt Glennon, Matt Jurczyk, Shawn Foley), 4 x 100 meter relay
Hamden (Thomas FitzSimons, Nate Brackett, Andrew Kinlock, Jarvis Manning), 4 x 400 meter relay
Amity (Adam Trofa, Joseph Greenspun, Ryan Laemel, Paul Kichar), 4 x 800 meter relay
Cole Crotta (Amity), Pole Vault
Ricardo Chardon (Hamden), Long Jump
Andre Allen (East Haven), Triple Jump
Nicholas Fedor (Amity), Shot Put
Greg Manzolillo (Xavier), Discus
Jeff Baker (Lyman Hall), Javelin

GIRLS OUTDOOR TRACK & FIELD

Shaiqua Burgess (Hillhouse), 100 and 200 meters
Ann Marie Clarke (Hillhouse), 400 meters and 100 meter high hurdles
Annelies Gamble (Amity), 800 meters
Courtney Dinnan (Hamden), 1600 and 3200 meters
Allison Barwise (Amity), 300 meter hurdles, High Jump
Cheshire (Julie Ozycz, Casey Nowakowski, Carissa Wright, Samantha Alberino), 4 x 100 meter relay
Hillhouse (Lyasia Loyd, Tamika Brock, Marlesha McClendon, Ann Marie Clarke), 4 x 400 meter relay
Amity (Leslie Boppert, Lacey Vogel, Kara Lightowler, Annelies Gamble), 4 x 800 meter relay
Valerie Milici (Branford), Pole Vault
Lauren Williams (Career), Long Jump
Belinda Snider (Jonathan Law), Triple Jump
Rachel Aliotta (Cheshire), Shot Put
Fotini Xenidis (Shelton), Discus, Javelin

SOFTBALL

All Hammonasset

Izzie Santone (Hand), Kate Ruff (Foran), Gill McKay (Hand), Jessica Amenda (Jonathan Law), Liz Tutino (Hand), Samantha Hathaway (Jonathan Law), Kristen Hunt (Jonathan Law), Addie Sanders (Guilford), Kiley Phelan (Foran), Mallory Streat (Guilford), Dominique Marcelino (Hand)

All-Housatonic

Lauren Bepuda (Amity), Kathleen Brenneman (Cheshire), Emily Amento (Cheshire), Taylor Abelli (Cheshire), Amanda Ottochian (Sheehan), Katie Yanagisawa (Amity), Amanda DeLouise (Cheshire), Ronnie Pennick (Amity), Katie Lamb (Sheehan), Shannon Wynn (Lyman Hall), Jess Kohlenback (Amity)

All-Oronoque

Jasmine Ortiz (Career), Christine Gelardi (Derby), Jen Kruver (North Haven), Natalie Crosby (East Haven), Chelsea Sheehan (Branford), Kelli Griffiths (North Haven), Jessica Kuen (East Haven), Tori Redding (Branford), Sara Laudano (North Haven), Kristen Mezzanotte (North Haven), Shae Harding (Derby)

All-Quinnipiac

Victoria Satagaj (Mercy), Meghan Carta (Mercy), Laura Carta (Mercy), Taylor Feery (Mercy), Kristen Comfort (West Haven), Brittany Blake (West Haven), Yuraima Estevez (West Haven), Jessica Verdi (Sacred Heart Academy), Alyssa Forsythe (Sacred Heart Academy), Kassandra Silva (Hamden), Ashley Ortiz (Hamden)