

SOUTHERN CONNECTICUT CONFERENCE

2006-07 Winter Sports All-Conference

ICE HOCKEY

DIVISION I – FIRST TEAM

Ryan Garvin (Fairfield Prep), Vin Weyel (North Haven), Dave Wirkus (Fairfield Prep), Jonathan Cox (Fairfield Prep), Joe Innamorato (West Haven), Joe Lucibello (East Haven), Jason Messina (Lyman Hall)

DIVISION I – SECOND TEAM

Craig Naclerio (Notre Dame), Kevin Paglinco (West Haven), Mark Salvati (East Haven), Nick Costanza (North Haven), Brian Kachmarck (Notre Dame), Mike Pereira (Notre Dame)

DIVISION II – FIRST TEAM

Jason Bellonio (Guilford), Tom Day (Branford), Vin Nguyen (Sheehan), Kevin Donovan (Amity), Jeff Kirschner (Milford), Brian Kownacki (Amity), Matt Larson (Cheshire)

DIVISION II – SECOND TEAM

Brian Jakabcin (New Haven/Shelton), James Esposito (Cheshire), Max Russell (Amity), Joe Giasullo (New Haven/Shelton), Brendan Kane (Sheehan), Andrew Luzzi (Branford), Jeff Montini (Amity)

DICK GAGLIARDI TEAM SPORTSMANSHIP AWARD – Xavier
RAY CREW TEAM SPORTSMANSHIP AWARD – Milford

BOYS BASKETBALL

ALL-HAMMONASSET

Jerrod Colson (Jonathan Law), Mike Dooling (Foran), Sam Greenberg (Guilford), Kwamaine McCarter (Hillhouse), Mike Moore (Hillhouse), Jordan Russell (Hand)

ALL-ORONOQUE

Ray Askew (Career), Dominique Cooper (Wilbur Cross), Trip Fernandes (Branford), Brian Givens (Career), Pat Paulson (East Haven), Markus Wright (Wilbur Cross)

ALL-HOUSATONIC

David Dempsey (Lyman Hall), Rich Haigh (Amity), Dave Havlicek (Cheshire), Kyle Kesses (Amity), Rajaii Leggett (Sheehan), Luke Matarazzo (Shelton), Rashaun Reid (Derby)

ALL-QUINNIPIAC

Marquell Reddick-Dixon (Hamden), Michael Myers Keitt (Fairfield Prep), Greg Mangano (Notre Dame), Chae Philips (West Haven), Tavonne Reid (Fairfield Prep), Courtney Simmons (Xavier)

GIRLS BASKETBALL

ALL-HAMMONASSET

Jaclyn Daigneault (Guilford), Alex Dowdy (Hillhouse), Michelle White (Hillhouse), Brittany Jackson (Hand), Casey Dulin (Jonathan Law), Kelli Reynolds (Jonathan Law)

ALL-QUINNIPIAC

Rachel Roberts (Mercy), Bianca Simmons (Mercy), Chantel Audet (West Haven), Chelsea Blake (Hamden), Melissa Teel (Hamden), Ilaria Schiano (Sacred Heart Academy)

ALL-HOUSATONIC

Taryn Belowsky (Cheshire), Emily Collette (Sheehan), Kara Lauritzen (Amity), Alyssa Malcynski (Lyman Hall), Nora Baghat (Cheshire), Erin Harkins (Shelton)

ALL-ORONOQUE

Chantel Alford (Wilbur Cross), Gabby Oglesby (Career), Bianca Brown (Career), Anisha Wilson (Career), Sara Laudano (North Haven), Jessica Moriarty (East Haven)

WRESTLING

FIRST TEAM

103 – Mike Briskin (Cheshire)
112 – Andrew Wilhelm (Law)
119 – Stephen Krohley (Amity)
125 – Nick Gallacano (Law)
130 – Mike Katz (Amity)
135 – Mike Vernick (Amity)
140 – Derek Fish (Hand)
145 – Zach Cammarano (Foran)
152 – Jim Dey (Hand)
160 – Ryan Roddy (Amity)

171 – Brandon Sundwall (Guilford)
189 – Eddie Ortiz (Derby)
215 – Tom Lane (Fairfield Prep)
275 – Tom Izzo (Derby)

SECOND TEAM

103- Rob Lonergan (Law)
112 - John Jongbloed (Hand)
119 - Eric Therriault (Foran)
125 - Doug Robinson (Amity)
130 - Alex Helbling (Branford)
135 - Brian Onofrio (Hand)
140 - Drew Gerwitz (Amity)
145 - Kyle Lundberg (Guilford)
152 - Dan Grady (Derby)
160 - Brian Cupole (Law)
171- Cody Bias (East Haven)
189 - Brett Bucheri (Xavier)
215 - Travis Torello (Derby)
275 - Rob Wilkinson (Foran)

GYMNASTICS

Jen Fuggi (West Haven), Alexa Ahrem (Hamden), Abby D'Annolfo (Cheshire), Kayla McNamara (Lyman Hall), Emily Savoca (Hand), Jenn Pagliano (Jonathan Law), Cori Hannon (Jonathan Law), Arielle Prete (Jonathan Law), Andrea Figuly (Foran), Dina Savoca (Foran), Kyra Umbriet (Foran), Courtney Sheppard (Amity), Amanda Burden (Amity)

BOYS INDOOR TRACK

Terrell Wilks (Hillhouse), 55 meters, 300 meters
Ken McDonnell (Shelton), 600 meters
Matthew Hurtt (Xavier), 1000 meters
Welsey Halstead (Amity), 1600 meters, 3200 meters
Rob Belevich (East Haven), 55 meter hurdles
Justin Willis, Pete Tinari, Greg Milano, Joshua Massey (Notre Dame), 4 x 200 relay
Joon Yeob Lee, Tommy Arrington, Jaquan Brantley, Joon Hoon Lee (Career), 4 x 400 relay
John Sherman, Pat Cavanaugh, Dan Le, Ben Zhu (Cheshire), 4 x 800 relay
Maurice Morrison, Cordell Bell, Lawrence Howard, Malcom Green (Wilbur Cross), 1600 Sprint Medley Relay
Craig Kinsely (Fairfield Prep), High Jump

Mike Zilm (Hamden), Pole Vault
Joe Danso (West Haven), Long Jump
Mike Goodfriend (Sheehan), Shot Put

GIRLS INDOOR TRACK

Shaniqua Burgess (Hillhouse), 55 meters, 55 meter hurdles
Ann Marie Clarke (Hillhouse), 300 meters, Long Jump
Ashley Velazquez (Wilbur Cross), 600 meters
Courtney Dinnan (Hamden), 1000 meters, 3200 meters
Irene Kalbian (Cheshire), 1600 meters
Tasia Russ, Lauren Williams, Camika Graham, Latoya Williams (Career), 4x 200 relay
Leslie Boppert, Andreana Panzo, Allison Barwise, Annelies Gamble (Amity), 4 x 400 relay
Mahogany Howard, Amber Edwards, Natalie Beach, Ashley Velazquez (Wilbur Cross), 4 x 800 relay
Erin Bellis, Stephanie Vitale, Andreana Panzo, Annelies Gamble (Amity), 1600 Sprint Medley Relay
Allison Barwise (Amity), High Jump
Karin Vogt (Shelton), Pole Vault
Katie Visentin (Cheshire), Shot Put

BOYS SWIMMING

Diving: Mark Garcia (Xavier), Tim Thornton (Fairfield Prep), Derek Rand (Amity)

200 Medley Relay:

Fairfield Prep (Daniel Platow, Andrew Grinalds, Edward Becker, Oswaldo Torres)
Branford (Jonathan Moughty, Dan Aupi, Raymond Beaulac, Owen Rood)
Cheshire (Ed Testa, Charles Helm, Blake Williams, Michael Gilligan)

200 Freestyle: Oswaldo Torres (Fairfield Prep), Patrick White (Fairfield Prep), Eric Sokolsky, Branford

200 IM: Daniel Platow, Fairfield Prep, James Remigino, Xavier, Andrew Golankiewicz (Fairfield Prep)

50 Freestyle: Richard Ulatowski (Notre Dame), Owen Rood (Branford), Kevin McDonald (North Haven)

100 Butterfly: Oswaldo Torres (Fairfield Prep), Andrew Grinalds (Fairfield Prep), Blake Williams (Cheshire)

100 Freestyle: Richard Ulatowski (Notre Dame), Owen Rood (Branford), Michael Gilligan (Cheshire)

500 Freestyle: Patrick White (Fairfield Prep), Andrew Golankiewicz (Fairfield Prep), Eliot Scymanski, Hamden

200 Freestyle Relay:

Fairfield Prep (Connor Pennoyer, Edward Becker, Ryan Pramer, Patrick White)
Cheshire (Michael Gilligan, Colin McCormick, Colin Barnett, Blake Williams)
Notre Dame (Chris Yacobacci, Jonathan Kruger, Robert Dietter, Rich Ulatowski)

100 Backstroke: Daniel Platow (Fairfield Prep), Kevin McDonald (North Haven), Andrew Grinalds (Fairfield Prep)

100 Breaststroke: James Remigino (Xavier), Timothy DeOcejo (Hand), Charles Helm, Cheshire

400 Freestyle Relay:

Fairfield Prep (Andrew Grinalds, Matthew Watson, Patrick White, Oswaldo Torres)
Branford (Brenden Conlin, Dan Aupi, Eric Sokolosku, Owen Rood)
Notre Dame (Rich Ulatowski, Drew Madore, Chris Yacobacci, Robert Dietter)